Gandhian Philosophy of Cleanliness

Introduction:

- The Gandhian philosophy of cleanliness is based on **Mahatma Gandhi's belief** that "Cleanliness is next to Godliness."
- o Gandhi considered cleanliness as not only a physical necessity but also a **moral** and spiritual duty.
- He believed that true cleanliness involves clean body, clean mind, and clean surroundings.

• 1. Cleanliness as a Moral Duty:

- Gandhi believed that cleanliness is the personal responsibility of every individual.
- He emphasized that one should not depend on others or the government for cleanliness.
- Every person should contribute to keeping their home, workplace, and community clean.

• 2. External and Internal Cleanliness:

- Gandhi spoke about two kinds of cleanliness
 - **External cleanliness:** Maintaining hygiene of the body, home, and surroundings.
 - **Internal cleanliness:** Purity of thoughts, words, and actions.
- o He believed that without inner purity, outer cleanliness has no true meaning.

• 3. Dignity of Labour:

- o Gandhi believed that **no work is low or inferior**.
- He himself participated in cleaning activities and inspired others to do so.
- He wanted to remove the social stigma attached to sanitation work and promote equality and self-respect.

• 4. Cleanliness and Health:

- o Gandhi linked cleanliness directly with **good health and hygiene**.
- He said that a clean environment prevents diseases and keeps people physically and mentally strong.
- o According to him, cleanliness leads to a healthy body and a healthy nation.

• 5. Collective Responsibility:

- o Gandhi believed that **cleanliness is a social responsibility** and requires cooperation from everyone.
- o Villages and cities can remain clean only when all citizens actively participate.
- He urged communities to come together for sanitation drives and cleanliness campaigns.

• 6. Cleanliness and National Development:

- o Gandhi said that cleanliness reflects the character of a nation.
- A clean India, according to him, would be a symbol of discipline, self-respect, and progress.
- He believed that a clean environment contributes to **national growth and prosperity.**

• 7. Influence on Modern India:

- o Gandhi's vision continues to inspire the **Swachh Bharat Abhiyan (Clean India Mission)** launched in 2014.
- o This movement aims to make India clean and fulfill Gandhi's dream of a healthy and hygienic nation.

• Conclusion:

- The Gandhian philosophy of cleanliness goes beyond sanitation it is a **way of** life
- It combines physical hygiene, moral purity, self-discipline, and social responsibility.
- Gandhi taught that cleanliness leads to self-respect, good health, and a better society.
- o His message reminds us that a clean individual makes a clean nation.